



January 2011



Community Care – a blessing or a curse?

EUFAMI's 5th European Congress

Basel, Switzerland

24th and 25th September 2011

Co hosted by
EUFAMI and VASK Schweiz

VASK Schweiz Suisse
Svizzera Svizra
Dachverband der Vereinigungen
der Angehörigen von Schizophrenie-/
Psychisch-Kranken

Early Bird Registration for the Congress is open from mid February 2011

Full details of congress programme, venue, fees, how to register, etc can be found at www.eufami.org

▶ **European Medicines Agency's Road map to 2015**

▶ **Do you care for a family member or friend with Schizophrenia?**

▶ **Violence Against Women at Work...Let's Talk About It!**

▶ **Sharing and Participating - To promote Dignified Life and Mental Health**

European Medicines Agency's Road map to 2015

The European Medicines Agency has published its final 'Road map to 2015', coinciding with the 16th anniversary of its inauguration. The 'Road map to 2015' sets out the Agency's vision in further developing its role as a European public-health agency in the field of medicines and has been drafted in consultation with the Agency's partners and stakeholders to ensure as broad a consensus as possible on the best way forward. The road map proposes three priority areas for future actions to strengthen the Agency's role in protecting and promoting human and animal health in the European Union - (a) addressing public-health needs, facilitating access to medicines and optimising the safe and rational use of medicines. You can find it at http://www.ema.europa.eu/docs/en_GB/document_library/Report/2011/01/WC500101373.pdf

Do you care for a family member or friend with Schizophrenia?

We invite you to be part of a European initiative which aims to gather the views of family carers on the treatment of their relatives who are affected by schizophrenia. This survey is part of that initiative and is being conducted in partnership with Janssen. Results of this survey will be used to help improve the treatment and lives of people with schizophrenia and the families/friends caring for them. To participate in the survey, please click on the appropriate icon on the left hand side of the EUFAMI front page www.eufami.org. The survey will run until mid March.

Caring for a friend or family member with schizophrenia?
Please share your experience

Violence Against Women at Work... Let's Talk About It!

International surveys have found that between 40 and 90 per cent of women suffer some forms of violence and harassment during the course of the working lives. Violence and harassment at work have immediate effects on the concerned women, including a lack of motivation, loss of confidence and reduced self-esteem, depression and anger, anxiety and irritability. In the same way as with stress, these symptoms are likely to develop into physical illness, mental health problems, tobacco, alcohol and drug abuse. These symptoms may culminate in occupational accidents, invalidity and even suicide.

In order to raise awareness of the harmful mental health impacts of violence and harassment, the project "Violence against Women in the workplace...Let's talk about it!" aims to carry out a targeted awareness raising campaign and to collect good practices for preventing mental health problems resulting from violence and harassment against women at work. The project is carried out in countries with higher than average rates of violence and harassment against women at work: Lithuania and Slovenia; countries with medium rates: Austria, Greece and Romania; and countries with low rates: Cyprus, Latvia and Spain. The project runs for 2 years (2009-2010) and is funded by the Directorate General of Justice, Freedom and Security in the frame of the DAPHNE III Programme. The website for the project is www.violence-against-women.org

Sharing and Participating - To promote Dignified Life and Mental Health

The 11th European SMES Conference will take place in Bucharest from the 16th to the 18th March.

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